

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M FREESTYLE MEN 10-9						Heat:2, starttime: 14:00	
Heat: 2/2 Lane : 1 Athlete: HERMANS ARTHUR						Q-time: 01:35:64	
PB (50m pool): no time				PB (25m pool): 01:35.64 SB: no time			
	5 0 M		1 0 0 M				
PB	no time		no time				
	no time						
							

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:2, starttime: 14:20	
Heat: 2/24 Lane : 7 Athlete: SZABO NORA					Q-time: 99:99:99	
PB (50m pool): no time					PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	no time		
	no time					
						

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:3, starttime: 14:25	
Heat: 3/24 Lane : 1 Athlete: DE MEYER CHONG LIEN					Q-time: 99:99:99	
PB (50m pool): no time					PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	no time		
	no time					
						

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:4, starttime: 14:25
Heat: 4/24 Lane : 1 Athlete: CAUTAERT-KNUTSSON LISA					Q-time: 03:49:71
PB (50m pool): 03:49.71 Wezenberg 01/02/2026					PB (25m pool): no time SB: 03:49.71 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	01:01.15	01:56.98	03:01.86	03:49.71	
	01:01.15	00:55.83	01:04.88	00:47.85	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:4, starttime: 14:25
Heat: 4/24 Lane : 3 Athlete: VAN SEVEREN HASSE					Q-time: 03:44:84
PB (50m pool): 03:44.84 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 03:28.87 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:54.86	01:50.95	02:55.18	03:44.84	
	00:54.86	00:56.09	01:04.23	00:49.66	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:5, starttime: 14:30
Heat: 5/24 Lane : 2 Athlete: ODINYA TAYRA					Q-time: 03:36:84
PB (50m pool): 03:36.84 Antwerpen 13/07/2025					PB (25m pool): 03:26.77 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.38	01:36.84	02:44.63	03:36.84	
	00:43.38	00:53.46	01:07.79	00:52.21	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:5, starttime: 14:30
Heat: 5/24 Lane : 5 Athlete: CORNELIS MARJOLEIN					Q-time: 03:32:54
PB (50m pool): 03:29.37 Olympic Pool Wezenberg, Antwer 29/03/2025					PB (25m pool): no time SB: 03:29.37 Olympic Pool Wezenberg, Antwer 29/03/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.76	01:42.21	02:46.57	03:29.37	
	00:48.76	00:53.45	01:04.36	00:42.80	
					

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:7, starttime: 14:40
Heat: 7/24 Lane : 9 Athlete: GORIS ZITA					Q-time: 03:22:15
PB (50m pool): 03:11.11 Olympic Pool Wezenberg, Antwer 29/03/2026					PB (25m pool): 03:13.02 SB: 03:11.11 Olympic Pool Wezenberg, Antwer 29/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.65	01:34.60	02:32.09	03:11.11	
	00:46.65	00:47.95	00:57.49	00:39.02	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:11, starttime: 14:55
Heat: 11/24 Lane : 0 Athlete: HOUVENAGHEL ELIEN					Q-time: 03:08:37
PB (50m pool): 03:07.25 Antwerpen 14/07/2024					PB (25m pool): 03:04.41 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:07.25	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:13, starttime: 15:00
Heat: 13/24 Lane : 6 Athlete: BALAJI YOUSRA					Q-time: 02:59:91
PB (50m pool): 02:56.29 Olympic Pool Wezenberg, Antwer 29/03/2026					PB (25m pool): 02:54.45 SB: 02:56.29 Olympic Pool Wezenberg, Antwer 29/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.49	01:21.51	02:16.75	02:56.29	
	00:35.49	00:46.02	00:55.24	00:39.54	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:17, starttime: 15:15
Heat: 17/24 Lane : 5 Athlete: VAN TENDELOO MARIE					Q-time: 02:49:77
PB (50m pool): 02:49.77 Wezenberg 01/02/2026					PB (25m pool): 02:53.52 SB: 02:49.77 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.65	01:17.99	02:09.59	02:49.77	
	00:34.65	00:43.34	00:51.60	00:40.18	
					

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:23, starttime: 15:35
Heat: 23/24 Lane : 4 Athlete: TEMMERMAN ELYNNE					Q-time: 02:33:55
PB (50m pool): 02:32.38 Olympic Pool Wezenberg, Antwer 29/01/2026					SB: 02:32.38 Olympic Pool Wezenberg, Antwer 29/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.30	01:10.72	01:56.17	02:32.38	
	00:32.30	00:38.42	00:45.45	00:36.21	
					

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 10-9					Heat:2, starttime: 16:00
Heat: 2/2 Lane : 0 Athlete: HERMANS ARTHUR					Q-time: 02:05:88
PB (50m pool): no time					PB (25m pool): 02:05.88 SB: no time
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:1, starttime: 16:05	
Heat: 1/10 Lane : 7 Athlete: ROOSEN MATHIJS							Q-time: 05:37:05	
PB (50m pool): no time			PB (25m pool): 05:33.71 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:3, starttime: 16:15	
Heat: 3/10 Lane : 5 Athlete: VAN CAMPFORT OLIVIER							Q-time: 05:12:48	
PB (50m pool): 05:12.48 Wezenberg 01/02/2026				PB (25m pool): 05:33.56SB: 05:12.48 Wezenberg 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.36	01:13.98	01:54.69	02:34.61	03:15.29	03:55.44	04:35.17	05:12.48
	00:35.36	00:38.62	00:40.71	00:39.92	00:40.68	00:40.15	00:39.73	00:37.31
								

Coach feedback:

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Event number: 17: 400M FREESTYLE MEN 11+							Heat:4, starttime: 16:20	
Heat: 4/10 Lane : 0 Athlete: MICHELS LINUS							Q-time: 05:10:52	
PB (50m pool): 05:19.52 Wezenberg 01/02/2026				PB (25m pool): 05:10.52SB: 05:19.52 Wezenberg 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.82	01:16.06	01:56.39	02:37.91	03:18.85	04:00.01	04:40.48	05:19.52
	00:35.82	00:40.24	00:40.33	00:41.52	00:40.94	00:41.16	00:40.47	00:39.04
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:7, starttime: 16:40	
Heat: 7/10 Lane : 5 Athlete: ROOSEN THOMAS							Q-time: 04:44:26	
PB (50m pool): 04:40.87 Olympic Pool Wezenberg, Antwer 29/03/2025				PB (25m pool): 04:44.85 SB: 04:40.87 Olympic Pool Wezenberg, Antwer 29/03/2025				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.58	01:05.25	01:40.76	02:17.26	02:52.93	03:29.67	04:05.69	04:40.87
	00:30.58	00:34.67	00:35.51	00:36.50	00:35.67	00:36.74	00:36.02	00:35.18
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:8, starttime: 16:45	
Heat: 8/10 Lane : 1 Athlete: CORNELIS PIETERJAN							Q-time: 04:37:23	
PB (50m pool): 04:37.23 Antwerp 09/02/2025				PB (25m pool): 04:26.90SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.46	01:05.62	01:40.40	02:15.95	02:51.12	03:27.25	04:03.64	04:37.23
	00:31.46	00:34.16	00:34.78	00:35.55	00:35.17	00:36.13	00:36.39	00:33.59
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:8, starttime: 16:45	
Heat: 8/10 Lane : 8 Athlete: VAN SEVEREN MERLIJN							Q-time: 04:39:34	
PB (50m pool): 04:39.34 Antwerpen 08/03/2026				PB (25m pool): 05:00.63SB: 04:39.34 Antwerpen 08/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:29.86	01:04.95	01:40.68	02:16.76	02:52.81	03:29.26	04:05.29	04:39.34
	00:29.86	00:35.09	00:35.73	00:36.08	00:36.05	00:36.45	00:36.03	00:34.05
								

Coach feedback:

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Event number: 17: 400M FREESTYLE MEN 11+							Heat:10, starttime: 16:55	
Heat: 10/10 Lane : 0 Athlete: RAVELINGIEN TIBE							Q-time: 04:22:90	
PB (50m pool): 04:22.90 Antwerpen 27/07/2025							PB (25m pool): 04:22.98 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:28.61	01:00.95	01:34.66	02:08.76	02:42.94	03:16.87	03:51.16	04:22.90
	00:28.61	00:32.34	00:33.71	00:34.10	00:34.18	00:33.93	00:34.29	00:31.74
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:10, starttime: 16:55	
Heat: 10/10 Lane : 9 Athlete: VAN CAMPFORT NICOLAS							Q-time: 04:24:69	
PB (50m pool): 04:32.13 Antwerpen 27/07/2025							PB (25m pool): 04:24.69 SB: 04:34.10 Wezenberg 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.12	01:02.81	01:37.13	02:11.63	02:46.82	03:22.27	03:58.31	04:32.13
	00:30.12	00:32.69	00:34.32	00:34.50	00:35.19	00:35.45	00:36.04	00:33.82
								

Coach feedback: